Debbie Brace & Rishi Sharma CFMS Ontario Regional Directors 2019 Annual General Meeting Sept. 20-23, 2019, St. John's, NF



DESCRIPTION

According to the CFMS Bylaws, the Ontario Regional Directors of the CFMS, "in addition to representing their respective regions on the Board, shall be cross-appointed in the Federation's Dyad governance model".

In practice, the Ontario Regional Directors serve as liaisons between the Board and the medical society representatives and presidents of all medical schools in Ontario, including the University of Toronto, University of Ottawa, McMaster University, Queen's University, Western University, and Northern Ontario School of Medicine. Debbie Brace is a co-lead of the Nominations Committee, and is cross-appointed with the Government Affairs portfolio. Rishi Sharma is cross-appointed with the Education portfolio.

I. ACTIVITIES OF ONTARIO REGIONAL DIRECTORS

1. Nominations Committee

- A new Terms of Reference was created to streamline how the nominations committee functions. These changes include decentralization of the chair responsibilities into the Regional and Portfolio Directors, and include all round tables in the marking process. The terms of reference are expected to be passed by the governance committee, and the CFMS board by early April 2019.
- b. Spring call successfully completed using new terms of reference.
- c. Fall call scheduled to open September 2 30, 2019.

2. Meeting with Ontario Schools

a. All Ontario medical societies were interviewed and consulted over the course of the year. Each were given the opportunity to voice their concerns and barriers to engaging with the CFMS. Issues discussed with each school included student wellness, barriers to participating and engaging with the CFMS, and specific school priorities.

3. OMSA

- a. Continually representing CFMS on the OMSA board/events, have been attending meetings, providing CFMS updates and liaising with board.
- b. Attended Ontario Medical Student Association Leadership Summit and Annual General Meeting in May. Meeting was conjoined with the OMA Student Section annual general meeting.
- c. Attended several other OMSA events Ontario Medical Student Weekend (OMSW), OMSA Wellness Retreat, Ontario Student Medical Education Research Conference (OSMERC) and OMSA Lobby Day.

4. Royal College Regional Advisory Committee (RAC) 3 Meeting

 Represented Ontario medical students to the Royal College on two occasions this year, in Nov. 2018 & May 2019. Discussed engagement with medical students by the Royal College and learned about CBME initiatives/feedback.

5. Creation of Terms of Reference for Ontario Regional Director

a. The <u>Ontario RD ToR</u> was approved by the CFMS Board on April 8, 2019.

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II. ACTIVITIES OF EDUCATION ATTACHE - RISHI SHARMA

1. Education Portfolio

- a. Represented Education portfolio to external stakeholders in absence of Director of Education
- b. Involved in interviewing and selection of National Officers:
 - i. National Officer of Education Nathan Rider
 - ii. National Officer of Research Sr. Raechelle Gibson
 - iii. National Officer of Research Jr. Lia Huo
- c. Selected new National Officers for 2019-2020 Education portfolio
 - i. National Officer of Education Alex Cohen
 - ii. National Officer of Research Sr. Lia Huo
 - iii. National Officer of Research Jr. Eagan Peters

2. Chair of Academic Roundtable (ART)

- a. ART occurs every 3rd Sunday of the month
- b. ART Google Drive Folder can be found here, which includes all minutes from meetings this year
- c. Purpose of this roundtable is to provide a platform for VP Academics/Education from the various member schools to communicate with one another and the CFMS. Member schools use this forum to survey other schools on particular topics to guide their advocacy efforts at their home schools. Additionally, it is also an opportunity for the CFMS to update the various schools on national education related initiatives as well as gather feedback from the schools regarding major changes in the education portfolio.
- d. Some key discussion points this year have included the 8-week Elective Diversification Cap, Match Day Policies, new LMCC testing resources, career planning supports, AFMC Student Portal, etc
- e. Guided discussions and informed representatives of updates from the CFMS Board.
- f. Assisted in recruiting VP Academics/Education to aid with the Wellness Curriculum Task Force in collaboration with the Student Affairs portfolio.
- g. Creation of Academic Roundtable ToR

3. Education Committee

- a. Collaborating with NOE & Director of Education to meet with the file leads of the various files in the Education Portfolio and providing onboarding instructions & brainstorming deliverables
- b. Education Committee files & file leads include:
 - i. HHR Ben Chen
 - ii. Accreditation Cynthia Min
 - iii. uCMG Avrilynn Ding & Ailish Valeriano
 - iv. CBME Silvio Ndoja & Vivesh Patel
 - v. Matchbook Rafael Zaki
 - vi. Policy Liaison Naomi Reaka & Sachin Pasricha
 - vii. IPE Shirley Deng & Nikola Unic
 - viii. Tech & Innovation Travis Pickett

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- ix. Choosing Wisely Ajay Shah
- x. CITAC Siddharth Nath
- xi. Research Emily Mardian & Jenny Ma
- c. Collaborating with each file to further advance their file projects, initiatives and plans
- d. Creation of Education Committee ToR

4. Research Committee

- a. Collaborating with NORs & Director of Education to further advance the research direction of the CFMS
- b. Research Committee consists of:
 - i. NOR Sr. Raechelle Gibson
 - ii. NOR Jr. Lia Huo
 - iii. Research Committee Members Emily Mardian & Jenny Ma
- c. Current tasks include:
 - i. Finalized CFMS Survey Policy, which is to be presented at AGM
 - ii. Development of medical education research database for students to interact with other conducting projects of similar interest
 - iii. Creation of infographics for students
- d. Creation of Research Committee ToR

5. Representation to External Organization

- a. AFMC Electives Network
- b. AFMC Residency Matching Committee
- c. CaRMS Application Review Committee
- d. AFMC Electives Diversification Policy
- e. AFMC Entry Routes Working Group Committee
- f. AFMC Portal Steering Committee
- g. AFMC Portal Data Analysis Working Group
- h. CaRMS Interview Communication Working Group
- i. Royal College

6. Co-Lead in Creating Strategic Plan for Education Portfolio

a. Collaborating with Director of Education following the 2019 CFMS Spring General Meeting to be developed for the 2019 CFMS Annual General Meeting

7. AFMC Student Portal Working Group

a. Coordinating with working group to provide insight regarding AFMC Student Portal, assisting in developing question and survey design, reviewing position paper and providing feedback

8. CFMS Matchbook

- a. Assisting with revisions to CFMS Matchbook, coordinating formatting for the publication and designing the cover of the 2019 CFMS Matchbook
- 9. CMA Virtual Care Task Force

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- a. Participated in introductory conference call regarding Education section of task force
- b. Responsible for drafting assessments of learner recommendations for task force

III. ACTIVITIES OF GOVERNMENT AFFAIRS ATTACHE - DEBBIE BRACE

- a. Day of Action 2
 - i. Meetings held in Ottawa on Tuesday April 30th. Meetings were held with:
 - 1. Ben Lobb Member of Standing Committee on Health
 - 2. Marilyn Gladu PC Health Critic
 - 3. Don Davies NDP Health Critic
 - 4. Doug Eyolfson ED Physician and Member of Standing Committee on Health
 - 5. Bill Morneau re Jennifer O'Connell Parliamentary Secretary to Finance
 - 6. Wayne Easter Member of Standing Committee of Finance
 - 7. Kim Rudd Member of Standing Committee of Finance
 - 8. Bardish Chagger Leader of Govt in HOC
 - 9. Pam Damoff Parliamentary Secretary to Health
 - 10. Elizabeth May Leader of Green Party
 - 11. Majid Jowhari Richmond Hill MP
 - 12. Joyce Murray President of Treasury Board
 - 13. Travis Gordon and Hana Kokanovic Health Canada
 - 14. Pat Duncan Previous Yukon Premier
 - 15. Mohamed-Iqbal Ravalia Senator, Family MD and Medical Officer at MUN
 - 16. Peter Boehm Senator
 - 17. Filomena Tassi Minister of Seniors
 - 18. Bed Schulte Parliamentary Secretary to the Minister of National Revenue
 - ii. Meetings attended by select group of medical students, including unmatched graduates, Education Portfolio file leads, and student leaders from each region of Canada.
 - iii. Feedback was that all meetings were successful and that Members of Parliament and Senators were enthusiastic and engaged in the topic.
 - iv. Follow up will include continued advocacy on behalf of Canadian medical schools though CFMS file leads and meetings through the Education Portfolio.
- b. Chair of GAAC Teleconferences
 - i. Over the course of the year Government Affairs Round Table teleconferences were held roughly once a month. These meetings provided a space for local leaders to discuss issues at their respective campuses, and share ideas and strategies. This year saw a continued growth of municipal advocacy efforts, and an increased demand for advocacy training.
 - ii. University of Toronto representatives created a transition documents for incoming Government Affairs Round Table representatives
- c. Federal Election Strategy

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- i. Over the course of this year one of the special interests of the Government Affairs portfolio has been to increase student engagement with the 2019 Federal Election. Our mission is nonpartisan, and simply to encourage medical students to speak out and engage with their civic right to vote.
- A "Federal Election Toolkit" was prepared. This toolkit outlines some historical data surrounding voting statistics by demographics. It also outlines some suggested activities that can take place on campus to engage with local Members of Parliament, and those running for office.
- iii. Attended CMA Federal Election Readiness Day in Ottawa to understand the CMA strategy and priorities for the 2019 federal election
- iv. Chaired a federal election strategy session lead by the CMA Advocacy team at CFMS SGM in Niagara

IV. MEETINGS ATTENDED

Meetings listed below are those that fall within the purview of the Ontario Regional Director portfolio, for meetings attended within our dyad portfolio assignment please refer to the portfolio attaché reports.

| Date | Meeting | Location | Who? |
|-----------------------|---|----------------|--------|
| Sept 29, 2018 | OMSA Board Meeting | Toronto | Both |
| Oct 1, 2018 | Nominations Committee | Teleconference | Debbie |
| Oct 2, 2018 | AFMC Residency Matching Committee | Teleconference | Rishi |
| Oct 4, 2018 | CFMS Board Teleconference | Teleconference | Both |
| Oct 10, 2018 | National Officer of Political Action | Teleconference | Debbie |
| Oct 11, 2018 | National Officer of Health Policy | Teleconference | Debbie |
| Oct 12, 2018 | Government Affairds Dyad | Teleconference | Debbie |
| Oct 14, 2018 | Academic Roundtable Meeting | Teleconference | Rishi |
| Oct 20, 2018 | Government Affairs NO | Teleconference | Debbie |
| Oct 21, 2018 | OMA Special Council | Toronto | Debbie |
| Oct 21, 2018 | Government Affaris Roundtable | Teleconference | Debbie |
| Oct. 23, 2018 | Intro to Ed Portfolio Meeting w/ Maylynn Ding (Director of Ed) | Teleconference | Rishi |
| Oct 26 - Oct 28, 2018 | CFMS FBM | Ottawa | Both |
| Nov 1, 2018 | CaRMS Application Review Committee Meeting | Ottawa | Rishi |

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| Nov 3, 2018 | OMSW | Ottawa | Both |
|------------------|--|----------------|--------|
| Nov 4, 2018 | OMSA Board Meeting | Ottawa | Debbie |
| Nov 8, 2018 | UofT MedSoc Meeting | Teleconference | Rishi |
| Nov 11, 2018 | Government Affairs Roundtable | Teleconference | Debbie |
| Nov 15, 2018 | Broadbent Gala | Toronto | Debbie |
| Nov. 17-18, 2018 | National Officer of Education Interviews w/ Maylynn Ding (Dir. Ed.) & Avrilynn Ding (previous Ed Vice-Chair) | Teleconference | Rishi |
| Nov. 17-18, 2018 | National Officer of Research Jr. Interviews w/ Maylynn Ding (Dir. Ed.) & Raechelle Gibson (NOR Sr.) | Teleconference | Rishi |
| Nov 18, 2018 | CFMS Board Teleconference | Teleconference | Both |
| Nov 22, 2018 | NOR Jr. Selection Meeting | | |
| Nov 24, 2018 | OMA General Council | Toronto | Debbie |
| Nov 25, 2018 | Academic Roundtable Meeting | Teleconference | Rishi |
| Nov 30, 2019 | RAC 3 Meeting | Toronto | Rishi |
| Dec 1, 2018 | Intro Meeting w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| Dec 2, 2018 | NOSM MedSoc Meeting | Teleconference | Debbie |
| Dec 2, 2018 | Onboarding Meeting with IPE File Lead w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| Dec 7, 2018 | Onboarding Meeting with HHR File Lead w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| Dec 7, 2018 | Onboarding Meeting with CBME File Leads w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| Dec 7, 2018 | Onboarding Meeting with Matchbook File Lead w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| Dec 7, 2018 | Onboarding Meeting with Policy Liaison File Leads w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| Dec 8, 2018 | Onboarding Meeting with uCMG File Leads w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |



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| Dec 8, 2018 | Onboarding Meeting with IPE File Lead w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
|--------------------|---|----------------|--------|
| Dec 9, 2018 | Onboarding Meeting with Accreditation File Lead w/ Nathan Rider (NOE) & Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| Dec 9, 2018 | Government Affairs Roundtable | Teleconference | Debbie |
| Dec 15, 2018 | Meeting w/ Stephanie Smith (President) | Teleconference | Rishi |
| Dec 15, 2018 | uCMG Advocacy | Teleconference | Debbie |
| Dec 16, 2018 | CFMS Board Teleconference | Teleconference | Both |
| Dec 16, 2018 | Academic Roundtable Meeting | Teleconference | Rishi |
| Dec. 20, 2018 | Meeting w/ Henry | Halifax | Rishi |
| Jan 2, 2019 | Meeting w/ Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| Jan 5- Jan 6, 2019 | CFMS Winter Board Meeting | Toronto | Both |
| Jan 6, 2019 | OMSA Board Meeting | Toronto | Debbie |
| Jan 13, 2019 | Government Affairs Roundtable | Teleconference | Debbie |
| Jan 14, 2019 | RDoc National Licensure | Teleconference | Debbie |
| Jan 19, 2019 | Academic Roundtable | Teleconference | Rishi |
| Jan 20, 2019 | Education Committee Meeting | Teleconference | Rishi |
| Jan 22, 2019 | RAC/FAC Organization Meeting | Teleconference | Rishi |
| Feb 2-4, 2019 | Day of Action | Ottawa | Debbie |
| Feb 2, 2019 | Government Affairs Roundtable | Ottawa | Debbie |
| Feb 6, 2019 | SGM Planning Meeting | Teleconference | Both |
| Feb 6, 2019 | SGM Social Committee Meeting | Teleconference | Both |
| Feb 7, 2019 | AFMC Entry Routes Working Group Meeting | Ottawa | Rishi |
| Feb 8, 2019 | SGM Sponsorship Meeting | Hamilton | Debbie |
| Feb 12, 2019 | CFMS Executive Call w/ Dr. Genevieve Moineau (AFMC CEO) | Teleconference | Rishi |
| Feb 20, 2019 | SGM Social Committee Meeting | Teleconference | Rishi |
| Feb 20, 2019 | Day of Action 2 Planning | Teleconference | Debbie |



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| Feb 23, 2019 | Education Portfolio Call w/ Maylynn Ding (Dir. Ed.) & Stephanie Smith (President) | Teleconference | Rishi |
|-----------------|--|----------------|--------|
| Feb 23, 2019 | OMSA Board Meeting | Toronto | Debbie |
| Feb 24, 2019 | Academic Roundtable | Teleconference | Rishi |
| March 10, 2019 | Government Affairs Roundtable | Teleconference | Debbie |
| March 15, 2019 | Education Portfolio Meeting w/ Maylynn Ding (Dir. Ed.) & Stephanie Smith (President) | Teleconference | Rishi |
| March 16, 2019 | Ottawa MedSoc Meeting | Teleconference | Debbie |
| March 17, 2019 | CFMS Board Meeting | Teleconference | Both |
| March 19, 2019 | AFMC Electives Diversification Call w/ Dr. Genevieve Moineau (AFMC CEO) | Teleconference | Rishi |
| March 24, 2019 | SGM Planning Meeting | Teleconference | Both |
| March 24, 2019 | Academic Roundtable | Teleconference | Rishi |
| March 25, 2019 | Nominations Committee ToR Discussion | Teleconference | Debbie |
| March 25, 2019 | Day of Action 2/FMEQ | Teleconference | Debbie |
| March 27, 2019 | Nominations Committee ToR Approval | Teleconference | Debbie |
| March 28, 2019 | CaRMS Interview Communications Working Group Meeting | Teleconference | Rishi |
| March 29, 2019 | Queens MedSoc Meeting | Teleconference | Rishi |
| March 30, 2019 | Ontario Student Medical Education Research Conference | Toronto | Both |
| April 6, 2019 | OMSA Board Meeting | Toronto | Rishi |
| April 6-8, 2019 | OMSA Lobby Day | Toronto | Rishi |
| April 14, 2019 | Government Affairs Round Table | Teleconference | Debbie |
| April 16, 2019 | CMA Federal Election Readiness Day | Ottawa | Debbie |
| April 23, 2019 | Day of Action 2 Planning | Teleconference | Debbie |
| April 27, 2019 | Government Affairs Leadership | Teleconference | Debbie |
| April 29, 2019 | Meeting with Henry | Teleconference | Debbie |
| May 11-12, 2019 | OMSA Leadership Summit and AGM | Toronto | Debbie |
| May 12, 2019 | CFMS Board Meeting | Teleconference | Both |
| May 30, 2019 | National Officer of Education Interviews w/ | Teleconference | Rishi |



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| | Maylynn Ding (Dir. Ed.) | | |
|--------------------|---|----------------|--------|
| May 30, 2019 | National Officer of Research Jr. Interviews w/ Maylynn Ding (Dir. Ed.) | Teleconference | Rishi |
| June 1-2, 2019 | CFMS Board Meeting | Halifax | Both |
| July 21, 2019 | CFMS Board Meeting | Teleconference | Both |
| July 28, 2019 | Academic Roundtable | Teleconference | Rishi |
| August 12, 2019 | CFMS Board Meeting | Teleconference | Both |
| August 18, 2019 | CFMS Board Meeting | Teleconference | Both |
| August 11, 2019 | CMA Annual General Meeting | Toronto | Both |
| August 12, 2019 | CMA Virtual Care Task Force Meeting | Teleconference | Rishi |
| August 12-13, 2019 | CMA Health Summit | Toronto | Debbie |
| August 21, 2019 | CFMS Governance Strategic Planning Session | Teleconference | Rishi |
| August 25, 2019 | Academic Roundtable | Teleconference | Rishi |
| September 8, 2019 | CFMS Board Meeting | Teleconference | Both |

V. CONCLUSIONS

We are both incredibly humbled and honoured to have had the privilege to serve as your Ontario Regional Directors. We have had such a phenomenal time in this role and take immense joy in being the voice of medical students in Ontario. We want to thank the medical societies from each medical school for working with us to address issues in the province. We also want to thank the Ontario Medical Students Association (OMSA) for their collaboration with us to help improve the medical student landscape in Ontario. Thank you for also being kind and welcoming. Lastly, but definitely not the least, we want to thank our fellow board members for their continued dedication to this organization, relentless work ethic, but most of all for being friends and people we can look to for support and encouragement. Being a CFMS board member can be very daunting and filled with ups/downs, but with you all by our sides, we felt extremely supported.

I (Rishi) would like to take this opportunity to thank the Education portfolio. To Maylynn, thank you for being my role model when it came to getting involved with the CFMS and for allowing me to take on such a big role in the portfolio. You trusted me and gave me opportunities to develop my advocacy skills. I have learned a tremendous amount from you and cannot put into words my gratitude for that, as it has led me to take on the Director role! This is not the end though as I have tons still to learn from you. A big thank you to Nathan Rider (NOE), Raechelle Gibson (NOR Sr.) and Lia Huo (NOR Jr.) for your support this year, our portfolio could not have been this successful without you! You all were extremely organized, dedicated and passionate about your work. Big shoutout

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to the Education Committee, Research Committee and VP Academics/Educations for your contributions and efforts this past year. Secondly, I want to thank the CFMS board for their work and support this year, I could not have asked for a better crew. To my fellow regional directors, Fatemeh, Wendy, Dax and Adel, thank you for working tirelessly to make sure your regions were well represented. Odell, thank you for your patience and assistance this year with zero-based budgeting, you were always there to help answer my stupid questions. Michelle, it was a pleasure working with you and seeing you expand the Global Health portfolio to new levels, we are truly blessed to have you. Yipeng, you inspire me with your maturity and wisdom each and every day, I learned so much about advocacy through you and also how to up my Twitter game. Victor, your passion for student wellness/success never fails to motivate me. I was fortunate enough to be room buddies with you three times now and each time I learn something new about leadership! I am so excited to be working with you again this coming year and look forward to seeing all that you will accomplish as President of the CFMS. Victoria, your innovative ideas and skills with social media have really elevated CFMS member engagement. On a more personal note, thank you for always being there whenever we needed Comms help. Henry, where do I begin, you are a fantastic human being and someone I always felt comfortable coming to for support. Your weekly music highlights have given me so many new tunes, your insight as a student leader has taught me so much and your ability to keep this board efficient and productive is admirable. But most of all, I want to thank you for being a genuine, kind and caring individual - you made this experience that much more special. Steph, our fearless leader, I cannot thank you enough for your leadership this year. You advocate so passionately for medical students and we can all attest to that. Thank you for being a great host in Calgary and taking me out to Stamp, your friendship and mentorship is dearly valued. I would also like to thank Rosemary and Stephanie, the driving forces behind the CFMS that have handled all the office/administrative work and make sure that our general meetings/board meetings go smoothly. Lastly, but most certainly not the least, I want to thank Debbie. From our days of being on McMaster's medical society, to submitting our nominations to be Ontario Regional Directors, I could not have asked for a better partner through this all. You motivate me every day to be a better leader and I am constantly amazed by your maturity, grace and ability to get things done! It has been such a joy working with my friend and although I am sad to not be working with you next year, I know you will be an excellent OMSA chair.

I (Debbie) am extremely sad to see this year come to a close, being a CFMS board member has been the opportunity of a lifetime. From large general meetings, advocacy activities, to meeting medical students across the country, this year has been full of excitement and learning. I am so grateful to have been part of such a strong board, and I appreciate having had the opportunity to work with each of you. To start, the Government Affairs portfolio, including Yipeng, Linda and David was an incredible experience. Linda and David, you are both so thoughtful, organized and passionate. I am constantly inspired by your tenacity and how you keep medical students at the front of all of your decisions and actions. Yipeng, you have been a wonderful mentor over the year. Your grace and wisdom is something I will forever aspire to. I am incredibly grateful that you allowed me to grow this year as a leader, and were always a support when I veered off track. Adel, Dax, Wendy, and Fatemeh, you guys were all so much fun to work with. I love that we were all able to represent our regions, but were supportive of each other. Wendy, I'd like to say a huge thank you for all of your work with the nominations committee; I could not have asked for a better partner! Thank you for being there when things got hectic, and working with me to update the system.

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Victoria, you are such a charismatic and passionate person. I hope that (maybe) someday I will be as strong as you, and as put together as you are. My social media skills will never reach your level! Odell, you constantly inspire me with your attention to detail and foresight. Your ability to understand the full scope of an issue and thoughtfully work through it is genuinely so impressive. I may never fully understand your governance and financial expertise, but I hope that no matter where we end up I can always depend on your sound and thoughtful advice. Michelle, you have worked so hard this year to ensure that Canadian medical students have a strong international voice and presence. I wish you were at present for the CMA Annual General Meeting, when CFMS was commended multiple times for the work of HEART, climate change advocacy, and global health. Canadian medical students have you to thank for our impeccable worldwide reputation. Maylynn, I have to say you were the influence that inspired me to run for Ontario Director! As a three year medical school, I wasn't sure if the McMaster curriculum was amenable to leadership, but knowing that you were ahead, as a trailblazer and leader empowered me to reach for opportunities. I am excited to see you around the hospitals this year! Victor, I can't wait to see what this year brings for you and for the CFMS. I have every confidence that you will represent medical students across the country with strength, tenacity, and aplomb. I hope that as OMSA Chair, you and I will continue to work together closely. Steph and Henry, as President and Past-President of the CFMS you are both forces to be reckoned with! I appreciate the passion and dedication you show to medical students, and how you both somehow always have time to listen to us and support us through the ups and downs of being a board member. To Rosemary and Stephanie, I honestly cannot imagine what the CFMS would be without you! I know that sometimes your job must be like herding cats, but I cannot express how much I appreciate your hard work. Finally, Rishi, my counterpart over the past few years - I'm going to miss you! I was so close to convincing you to join OMSA with me, but I'm glad that Canadian medical students will continue to have you advocating for them. I could not have wished for a more fun, dedicated, and hardworking partner. I promise that this is not goodbye to our time working together, but instead the start of a new chapter.



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